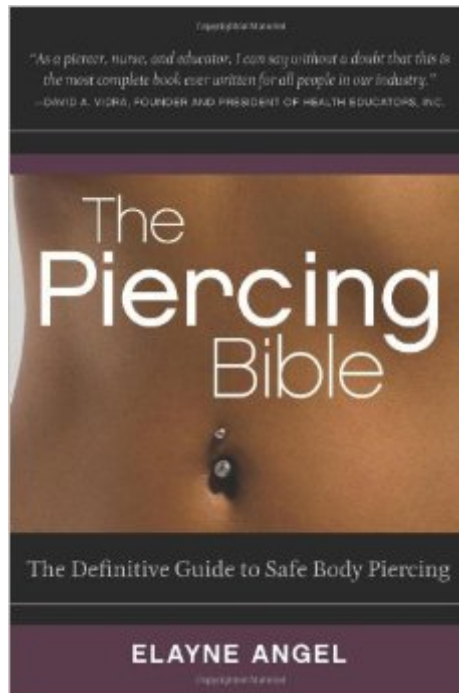


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# The Piercing Bible: The Definitive Guide To Safe Body Piercing



## Synopsis

Piercing pioneer Elayne Angel has performed over 40,000 piercings since the 1980s and has brought many practices, such as tongue-piercing, into the mainstream. She brings her exhaustive knowledge to this groundbreaking manual that covers everything you need to know about the process, including:

- The best piercings and placements for various body parts and body types
- Terminology, tools, and techniques of the trade
- Vital sterility, sanitation, and hygiene information
- Jewelry designs, shapes, and materials
- Advice for people with stretch marks, plastic surgery, and unique anatomy
- Healing, aftercare, and troubleshooting for problem-free piercing

"As a piercer, nurse, and educator, I can say without a doubt that this is the most complete book ever written for all people in our industry."--DAVID A. VIDRA, FOUNDER AND PRESIDENT OF HEALTH EDUCATORS, INC.

"No one is more qualified to write this book than Elayne Angel. With more than three decades of personal experience to her credit, no one knows the subject better."--JIM WARD, FOUNDER OF GAUNTLET, THE WORLD'S FIRST BODY PIERCING STUDIO

"This is an exciting book for a field that has exploded in the last two decades. National industry standards are needed, and Elayne provides important data."--MYRNA L. ARMSTRONG, RN, EdD

## Book Information

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## Customer Reviews

I am in a unique position to write a review of this book as I am emergency/flight nurse, but also a non-pierced, non-tattooed medical consultant for the Association of Professional Piercers. Starting several years ago when I first began researching the medical myths vs. research realities regarding

body mods, Elayne has been an invaluable resource. Her first hand knowledge regarding the history and future of body piercing practices is unequalled and this is evident throughout this book. The Piercing Bible is an excellent summary of body art jewelry, piercing options, and aftercare, as well as confirming/disputing several urban legends regarding body art. For those with body art, contemplating acquiring body art, or those caring for those with body art, I highly recommend this unparalleled resource. Scott DeBoer RN, MSN

I originally ordered this product because I'm interested in becoming a professional piercer and on all the official piercer websites everyone recommended The Piercing Bible so I figured it was a must have. Like a lot of people have said I thought it was going to be a manual type book with how-to directions but it's much more. It explains placements, it has important sanitation information and it gives the authors accounts and experiences with different piercings which I found to be very helpful and also neat to read. Overall I think it's a great book to have for anyone who is interested in body mod.

This is an excellent, must-have book for any person who has piercings, plans to get pierced, or has any interest in piercing. The book describes everything you need to know to pick out a piercing, choose proper jewelry, find a skilled piercer, prepare for your piercing, aftercare during healing, troubleshooting problem piercings, and living with your healed piercings. Contains \*VITAL\* information for your health as a piercee, such as safe vs. unsafe piercing placements, wearing oral piercings while preserving your oral and dental health, safer sex information and general infection prevention, and piercing contraindications. DON'T GET PIERCED WITHOUT IT!

I thought this book was great. It contains a lot of helpful information, and I found it incredibly helpful in dealing with a few issues with several of my piercings. I know there are people who might disagree with some of the information in this book, but the truth is that everyone has a different opinion and because we are talking about the way people's bodies react to/heal piercings, of course it won't be universal. Personally though, I thought it was great :)

Elayne Angel came to my rescue because her book was not an available resource at the time when here in NYC, I made the mistake of getting a bad piercing and the wrong jewelry as well and it was a painful experience on many levels. At the time Elayne was still in New Orleans and she was able to help me. I did remove the piercing but thanks to her educating me I was able to get the piercing

and jewelry that was right for me. If you are considering getting a piercing or want to learn more because you are a piercer please buy this book and read it. The Piercing Bible is the definitive book on safety and piercing. Thank and gratitude to Elayne Angel with New York attitude from Suzannah B. Troy.

Explained a lot about piercing various body parts and how to keep them from getting infected and other tips. I'd like to get my nipples pierced, but I wear a lot of polo shirts at work and I don't want the jewelry to show through and I'd like a PA but the healing time and the idea of having to sit down to pee turns me off. Maybe someday.

I bought this for my boyfriend who is a body piercer. He said it contains everything you would need to know on the subject of piercing. His only criticism is that the illustrations are drawings rather than pictures....which he found less helpful.

Very well written. Covers everything a piercee needs to know about making choices in new piercing's from placement, how the procedure is done to healing. I recommend this book to all my friends and family who ask questions about my personal piercings. It answers questions they may be embarrassed to ask and is very professional!

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